

Session 4

11 Weeks

March 29th, 2026
Through
June 20th, 2026
No Classes: April 19th - 25th

Registration OPENS March 15th



Red Ball (Ages 4-7)

QuickStart 1 - 60 minutes (Ages 4-5)

Racquet Size: 19" Court Size: 36' \$605/Class 11 Week Session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:00 PM	4:00 PM	4:00 PM	4:00 PM		9:00 AM
						10:00 AM
						11:00 AM

QuickStart 2 - 60 minutes (Age 6)

Racquet Size: 21" - 23" Court Size: 36' \$605/Class 11 Week Session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:00 PM	4:00 PM	4:00 PM	4:00 PM		9:00 AM
						10:00 AM
						11:00 AM

Fundamentals 1 & 2 - 60 Minutes (Age 7)

Racquet Size: 21" - 23" Court Size: 36' \$605/Class 11 Week Session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:00 PM	4:00 PM	4:00 PM	4:00 PM		9:00 AM
						10:00 AM
						11:00 AM

Orange Ball (Ages 8-9)

Fundamentals 3 - 90 Minutes

Racquet Size: 21" - 23" Court Size: 60' \$908/Class 11 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 AM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	9:00 AM
							2:00 PM

To secure your current spot in class, PLEASE renew 2 weeks prior to a new session



Green Ball (Ages 9-10)

Fundamentals 4 - 90 Minutes***

Racquet Size: 25" - 26" Full Court Size \$908/Class 11 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 AM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	9:00 AM
							2:00 PM

Elegible to add NEW Match Play, Details below



Yellow Ball (Ages 11-18)

Performance 1- 90 Minutes (Ages 11+)

Racquet Size: 27" Full Court Size \$908/Class 11 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:30 AM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	5:30 PM	10:30 AM
					5:30 PM		12:00 PM

Elegible to add NEW Match Play, Details below



Performance 2- 120 Minutes (Ages 14+)

Racquet Size: 27" Full Court Size \$1100/Class 11 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1:00 PM	5:30 PM	5:30 PM	5:30 PM	7:00 PM		12:00 PM

Elegible to add NEW Match Play, Details below



To secure your current spot in class, PLEASE renew 2 weeks prior to a new session

By Invitation Only



Fundamentals 4 Select - 120 Minutes (10 and Under)							
90-minutes Tennis 30-minutes Fitness \$1430/Class* 11 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		3:00 PM 90-min Supervised Match	4:00 PM		4:00 PM		

Maximum 8 players per class. Fitness portion of class is taught by DHAC's Fitness Director Guy Caracciolo
Matches are scheduled based on players tournament schedule.

*Must take two classes per week



NEW

Performance 1 Select - 150 Minutes (14 and Under)							
120-minutes Tennis 30-minutes Fitness \$1788 Price/Class* 11 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		3:00 PM 90-min Supervised Match	5:00 PM	4:00 PM	5:00 PM	4:00 PM	

*Must take two classes per week



NEW

NEW MATCH PLAY - 90 minutes							
One 90-minute Match Play per Week \$220 for 11 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		3:00 PM					



For more information contact DHAC Junior Tennis Academy Director:
Naoufal Houmairy at Naoufal@dedhamhealth.com

DHAC Junior Tennis Academy Program Registration Form

PLAYER INFORMATION

CHILD'S NAME _____

AGE _____ DATE OF BIRTH ____ / ____ / ____

MEMBER YES NO

PARENT'S NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

HOME PHONE _____

CELL PHONE _____

EMAIL _____

PAYMENT METHOD

CASH

Drop Off DHAC

CHECK

Send Email Notification

CREDIT CARD

Select One Below

Credit Card Type MC Visa AMEX Discover

Checks Made Out To: **Dedham Health & Athletic Complex**

Mail To:
DHAC
Attn: Naoufal
200 Providence Highway
Dedham, MA 02026

CREDIT CARD AUTHORIZATION

CREDIT CARD # _____

NAME ON CARD _____

EXPIRATION DATE: ____ / ____ / ____ CID # _____

I authorize Dedham Health & Athletic complex to use my credit card for the classes stated below.

SIGNATURE _____

CLASS SELECTION

CLASS NAME	SESSION	DAY	TIME	COST
1.				
2.				
3.				
4.				

NO MAKE UP CLASSES • NO REFUNDS ONCE SESSION BEGINS

Any dispute, controversy or claim arising under, out of, or relating in any way to this contract and any subsequent amendments of this contract, its formation, validity, binding effect, interpretation, performance, breach, or termination, as well as non-contractual claims, shall be referred to and finally determined by arbitration in accordance with the rules of the American Arbitration Association, and not by a court action. Member hereby waives any and all right to a jury trial with respect to any dispute, controversy, or claim.

SIGNATURE _____ DATE ____ / ____ / ____