

Registration OPENS August 4th

Red Ball (Ages 4-7)

QuickStart 1 - 60 minutes (Ages 4-5)

Racquet Size: 19" Court Size: 36' \$385/Class 7 Week Session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:00 PM	4:00 PM	4:00 PM	4:00 PM		9:00 AM
						10:00 AM
						11:00 AM

QuickStart 2 - 60 minutes (Age 6)

Racquet Size: 21" - 23" Court Size: 36' \$385/Class 7 Week Session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:00 PM	4:00 PM	4:00 PM	4:00 PM		9:00 AM
						10:00 AM
						11:00 AM

Fundamentals 1 & 2 - 60 Minutes (Age 7)

Racquet Size: 21" - 23" Court Size: 36' \$385/Class 7 Week Session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:00 PM	4:00 PM	4:00 PM	4:00 PM		9:00 AM
						10:00 AM
						11:00 AM

Orange Ball (Ages 8-9)

Fundamentals 3 - 90 Minutes

Racquet Size: 21" - 23" Court Size: 60' \$578/Class 7 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 AM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	9:00 AM
							2:00 PM





Green Ball (Ages 9-10)

Fundamentals 4 - 90 Minutes

Racquet Size: 25" - 26" Full Court Size \$578/Class 7 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 AM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	9:00 AM
							2:00 PM



Yellow Ball (Ages 11-18)

Performance 1- 90 Minutes (Ages 11+)

Racquet Size: 27" Full Court Size \$578/Class 7 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:30 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	5:30 PM	10:30 AM
		5:30 PM		5:30 PM	5:30 PM		12:00 PM



Performance 2- 120 Minutes (Ages 13+)

Racquet Size: 27" Full Court Size \$770/Class 7 Week Session	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1:00 PM	5:30 PM	5:30 PM	5:30 PM	7:00 PM		12:00 PM



DHAC

Junior Tennis Academy

200 Providence Highway
Dedham, MA 02026
781-326-2900

To secure your current spot in class, PLEASE renew
2 weeks prior to a new session

By Invitation Only

Fundamentals 4 Select - 120 Minutes (10 and Under)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
90-minutes Tennis 30-minutes Fitness \$910/Class 7 Week Session	3:00 PM 90-min Supervised Match	4:00 PM		4:00 PM			3:30 PM 90-min Supervised Match

Maximum 8 players per class. Fitness portion of class is taught by DHAC's Fitness Director Guy Caracciolo
Matches are scheduled based on players tournament schedule.

NEW

Performance 1 Select - 150 Minutes (13 and Under)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
120-minutes Tennis 30-minutes Fitness \$1138 Price/Class 7 Week Session	3:00 PM 90-min Supervised Match		4:00 PM		4:00 PM		3:30 PM 90-min Supervised Match

NEW

High Performance - 120 Minutes (18 and Under)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
120-minutes Tennis 770/Class 7 Week Session			5:30 PM		5:30 PM		

For more information contact DHAC Junior Tennis Academy Director:
Naoufal Houmairy at Naoufal@dedhamhealth.com

